

SAVE THE DATE!

"Trauma Informed Parenting"

Workshop - Part 1

*For All Caregivers

When: Sat., June 22, 2019



Veronica Tovar,
LCSW, RYT 200



Emily Flosi, ASW

Facilitated by Veronica Tovar, LCSW, RYT 200
& Emily Flosi, ASW

Date: Saturday, June 22, 2019

Time: 11:00 AM - 12:30 PM

Location: Small Town Counseling CA, Inc.
Conference Room

460 N. Yosemite Ave. Ste 9, Oakdale, CA

*Located inside the Yosemite Plaza, upstairs to your left

Cost: \$65 Per Person

\$100 Group Rate (up to two Caregivers)

Email Info@SmallTownCounselingCA.com to REGISTER and inquire about payment options OR register on EventBrite

JOIN OUR TRAUMA INFORMED PARENTING WORKSHOP HOSTED BY SMALL TOWN COUNSELING CA, INC. THE WORKSHOP WILL PROVIDE INTRODUCTORY INFORMATION AND TOOLS TO HELP YOU RECOGNIZE AND RESPOND TO BEHAVIORS THAT RESULT FROM A CHILD'S EXPOSURE TO TRAUMA.

WHY TRAUMA INFORMED PARENTING?

Caring for a child or teen who has experienced trauma can be challenging. Understanding how trauma affects children can help caregivers better understand how trauma impacts the brain, development, and emotional regulation. Learn more about how to create a safe and positive environment for your child by better understanding:

What is Trauma?

What is Trauma Informed Parenting?

How Trauma manifests in a Child or Teen.

How to parent a child who has experienced Trauma?

Self Care and why it is important as a Caregiver.

Who Should Attend: This workshop is intended for all caregivers providing care to children or teens who have experienced trauma, including:

Biological Parents

Relative Caregivers

(grandparents, extended family members)

Guardians

Adoptive Parents

Foster Parents.